

The effects of melatonin on plasma homocysteine and oxidative stress parameters in cisplatin-treated rats

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Summary: The aims of this study were to investigate the effects of cisplatin on nephrotoxicity, plasma homocysteine level and biochemical changes related to oxidative stress and to examine the possible protective role of melatonin administration on these parameters in cisplatin treated rats. In this study, eighteen adult rats were used. The rats were randomly divided into three groups. The first group of rats (control) served as untreated controls and received only physiological saline. The second group of rats (CP) was given cisplatin (7 mg/kg) intraperitoneally. Group third of rats received cisplatin (7 mg/kg) and melatonin (10 mg/kg) (CP+Mel) intraperitoneally. Administration of cisplatin to rats induced a marked renal failure, characterized with a significantly increase in plasma creatinine and urea concentrations. While the plasma malondialdehyde level significantly increased, the plasma homocysteine, glutathione levels and glutathione peroxidase, catalase activities significantly decreased in CP group when compared to control group. Although the administration of melatonin to cisplatin treated animals significantly increased the plasma levels of antioxidant enzymes, and decreased markedly the plasma malondialdehyde level, it has no any significant effect on plasma homocysteine level compared to alone cisplatin group. However, melatonin decreased the plasma homocysteine level compared to the control group. This study indicated that melatonin ameliorated the cisplatin-induced oxidative stress, which had the harmful effect on the renal function. However; it was ineffective on plasma homocysteine level in cisplatin-treated rats.

Key words: Cisplatin, homocysteine, melatonin, nephrotoxicity, oxidative stress, rat.

Sisplatin uygulanan ratlarda plazma homosistein ve oksidatif stres parametreleri üzerine melatoninin etkileri

Özet: Bu çalışmada sisplatin uygulanan ratlarda oksidatif stres ile ilişkili biyokimyasal değişimler, plazma homosistein düzeyi ve nefrotoksisite üzerine melatoninin etkisi araştırılmıştır. Bu çalışmada 18 erişkin rat kullanıldı. Ratlar rasgele 3 gruba ayrıldı. Birinci grup ratlara (kontrol) sadece serum fizyolojik uygulaması yapıldı. İkinci grup ratlara (CP) intraperitoneal olarak sisplatin (7 mg/kg) uygulandı. Üçüncü grup ratlara sisplatin (7 mg/kg) ve melatonin (10 mg/kg) (CP+Mel) intraperitoneal olarak uygulandı. Ratlara sisplatin uygulaması plazma kreatin ve üre konsantrasyonlarının önemli derecede artışıyla karakterize belirgin bir renal bozukluk oluşturdu. Kontrol grubuyla karşılaştırıldığında sisplatin grubunda glutasyon peroksidaz ve katalaz aktivitesinde plazma homosistein ve glutasyon düzeylerinde önemli bir azalma görülürken, plazma malondialdehid düzeyinde önemli derecede bir artış belirlenmiştir. Sadece sisplatin verilen ve sisplatin ve melatoninin birlikte verildiği gruplar karşılaştırıldığında, plazma malondialdehid düzeyi önemli derecede azalırken plazma antioksidan enzim aktivitesi artmış plazma homosistein düzeyinde ise bir değişim saptanmamıştır. Ancak kontrol grubuyla karşılaştırıldığında plazma homosistein düzeyini melatoninin düşürdüğü görülmüştür. Bu çalışmada, melatoninin sisplatinin neden olduğu oksidatif stres ve renal bozukluklar üzerine iyileştirici etkisi bulunduğu, plazma homosistein düzeyleri üzerine ise etkisiz olduğu tespit edilmiştir.

Anahtar sözcükler: Homosistein, melatonin, nefrotoksisite, oksidatif stres, rat, sisplatin.

Introduction

Homocysteine (Hcy) is a sulphur-containing amino acid that is generated from metabolism of methionine. Hcy does not occur in the diet but it is an essential intermediate product in normal metabolism of methionine. Cellular levels of Hcy are regulated by availability of methionine, remethylation of Hcy to methionine, and transsulfuration of Hcy to cysteine. (11).

Plasma concentrations of Hcy are regulated by genetic and dietary factors, and are higher in males than females (15). It is believed to exert several toxic effects.

Hcy is considered as a risk factor for arteriosclerosis, in particular for cardiovascular disease (8). There is a significant relationship between plasma Hcy levels and lipid peroxidation. The high plasma levels of Hcy leads to endothelial injury and dysfunction by free radicals generated during the oxidation of Hcy (6). Hcy also inhibits the growth of vascular endothelial cells and alters regulatory proteins associated with cell membrane (9).

Cisplatin (*cis*-diamminedichloroplatinum II, CP) is currently one of the most important cytostatic agents in treatment of a wide range of solid tumours. However, the

clinical usefulness of this drug is limited by the development of nephrotoxicity, a side effect that may be produced in various animal models (13, 16, 29). The xenobiotic-induced alterations in kidney functions are characterized by signs of injury, such as changes in urine volume, creatinine clearance, in glutathione (GSH) status, increase of lipid peroxidation (LPO). Formation of free radicals, leading to oxidative stress, has been shown to be one of the main pathogenic mechanisms of these toxicities and side effects of nephrotoxicants (1, 2). CP-induced nephrotoxicity is also closely associated with an increase in LPO in the kidney tissues. This antitumoural drug causes generation of reactive oxygen species (ROS), such as hydrogen peroxide (H_2O_2), superoxide anion (O_2^-) and hydroxyl radical ($\cdot OH$), to deplete of glutathione (GSH) levels and to inhibit the activity of antioxidant enzymes including superoxide dismutase (SOD), catalase (CAT) and glutathione peroxidase (GSH-Px) in renal tissue. ROS may produce cellular injury and necrosis via several mechanisms including peroxidation of membrane lipids, protein denaturation and DNA damage (16, 21). Enzymatic and molecular defense mechanisms are present in the cell to prevent the integrity of biological membranes from oxidative processes caused by free radicals. The administration of antioxidants such as melatonin, Vitamin E, Vitamin C, selenium and carotenoids, before or after treatment with CP has been used to protect or ameliorate against nephrotoxicity and testicular toxicity in human and animals (3, 20, 22).

Melatonin (Mel), secretory product of the pineal gland, is a free radical scavenger and an effective antioxidant (25). Mel represents the most potent physiological scavenger of ROS. Mel acts as a primary non-enzymatic antioxidative defense against the devastating actions of the extremely reactive hydroxyl radical (14).

The aims of this study were to investigate the effects of CP on plasma Hcy levels and biochemical changes related to oxidative stress and to examine the protective role of Mel administration on these parameters in CP-treated rats.

Material and Methods

Chemicals

CP (10mg/10ml, Code 1876A) was purchased from Faulding Pharmaceuticals Plc (Warwickshire, UK), Mel ($C_{13}H_{16}N_2O_2$, pure crystalline powder, M5250) and the other chemicals were obtained from Sigma (St Louis, MO, USA).

Animals and treatment

In this investigation, 18 healthy adult male Sprague-Dawley rats (8 weeks old weighing 210-250g) were used.

The animals were obtained from the Firat University Medical School, Experimental Research Centre, Elazığ, Turkey. The animals were kept under standard laboratory conditions (12 hours light, 12 hours dark and $24\pm 3^\circ C$). The rats were fed standard commercial laboratory chow (pellet form, in the sack, Elazığ Food Company). Feed and water were provided ad libitum. All experiments in this study were performed in accordance with the guidelines for animal research from the National Institutes of Health and were approved by the Local Committee on Animal Research.

The rats were randomly divided into three groups each group containing 6 rats. CP was injected to animals, intraperitoneally at the dose of 7 mg/kg, which is well documented to induce nephrotoxicity in rats (1, 30). Mel was dissolved in ethanol (10%) and further diluted in saline (0.9% NaCl, 1 mL) to give a final concentration of 1%, and it was administered to animals, i.p. at the dose of 10 mg/kg. The first group (control) received a single dose i.p. injection of 1 mL isotonic saline. The second group (CP) received a single dose CP. The third group (CP+Mel) received Mel i.p. 24 h prior to CP and continued for 4 days after CP administration.

Necropsy

At the end of experimental period, the rats were decapitated. Blood samples were collected into tubes containing sodium oxalate (2%) and centrifuged at 3.000 rpm for 10 min. Plasma were stored at $-20^\circ C$ until biochemical analyses.

Homocysteine, creatinine and urea

Total plasma Hcy levels were determined with enzyme immunoassay kit (Axis-Shield AS, Oslo, Norway). The plasma Hcy level was expressed as $\mu mol/mL$. Plasma creatinine and urea concentrations were measured by using auto analyzer (Olympus AU 600, Japan).

Lipid Peroxidation

Plasma lipid peroxidation (LPO) level was measured according to the concentration of thiobarbituric acid reactive species (23). The amount of malondialdehyde (MDA) produced was used as an index of lipid peroxidation. Briefly, one volume of the test sample and two volume of stock reagent (15%, w/v trichloroacetic acid in 0.25 N HCl and 0.375%, w/v thiobarbituric acid in 0.25 N HCl) were mixed in a centrifuge tube. The solution was vortexed and heated for 15 min in boiling water. After cooling, the precipitate was removed by centrifugation at 2500 rpm for 10 min and then absorbance of the supernatant was measured at 532 nm against a blank containing all reagents except test sample. The concentration of lipid peroxidation was expressed as nmol/mL.

Catalase

Plasma CAT activity was measured as previously described by Goth (12). Briefly, 0.2 ml of plasma samples was incubated in 1.0 ml substrate (65 µmol per ml hydrogen peroxide in 50 mM phosphate buffer, pH 7.0) at 37 °C for 60 s. The enzymatic reaction was terminated with 1.0 mL of 32.4 mM ammonium molybdate. Hydrogen peroxide was measured at 405 nm against blank containing all the components except the enzyme on a spectrophotometer (Shimadzu 2R/UV-visible, Tokyo, Japan). The catalase activity was expressed as KU/L.

Glutathione peroxidase

GSH-Px activities of plasma samples were determined according to the method of Lawrence and Burk (18). The reaction mixture consisted of 50 mM potassium phosphate buffer (pH 7.0), 1 mM EDTA, 1 mM sodium azide (NaN₃), 0.2 mM reduced nicotinamide adenine dinucleotide phosphate (NADPH), 1 E.U./ml oxidized glutathione (GSSG)-reductase, 1 mM GSH, and 0.25 mM H₂O₂. Enzyme source (0.1 ml) was added to 0.8 ml of the above mixture and incubated for 5 min at 25°C before initiation of the reaction with the addition of 0.1 ml of peroxide solution. The absorbance at 340 nm was recorded for 5 min. The activity was calculated from the slope of the lines as micromoles of NADPH oxidized per minute. The blank value (the enzyme was replaced with distilled water) was subtracted from each value. Results were expressed as IU/g protein. Protein concentrations were measured by the method (19).

Reduced Glutathione

The GSH content of the liver and heart homogenate was measured at 412 nm using the method of Sedlak and Lindsay (27). The samples were precipitated with 50% trichloroacetic acid and then centrifuged at 1000 rpm for 5 min. The reaction mixture contained 0.5 ml of supernatant, 2.0 ml of Tris-EDTA buffer (0.2 M; pH 8.9) and 0.1 ml of 0.01 M 5,5'-dithio-bis-2-nitrobenzoic acid. The solution was kept at room temperature for 5 min, and then read at 412 nm on the spectrophotometer.

Statistical Analyses

All values are presented as mean ± SEM. Differences were considered to be significant at p<0.05. Statistical analyses were performed using One-way analysis of variance (ANOVA) and post hoc Tukey-HSD test using SPSS/PC computer program.

Results

The levels of plasma Hcy, MDA, GSH, creatinine and urea as well as GSH-Px and CAT activities are shown in Table 1. The plasma MDA, creatinine and urea levels significantly (p<0.01) increased in CP-treated

animals when compared to control animals. However, the administration of Mel to CP-treated animals when compared to CP group significantly (p<0.01) reduced the plasma MDA, creatinine and urea levels.

Table 1. The values of plasma Malondialdehyde (MDA), Glutathione (GSH), Glutathione Peroxidase (GSH-Px), Catalase, Homocysteine, Creatinine and Urea in all groups.

Tablo 1. Bütün gruplarda Malondialdehit (MDA), Glutasyon (GSH), Glutasyon Peroksidaz (GSH-Px), Katalaz, Homosistein, Kreatin ve Üre plazma değerleri.

	Control	Cisplatin	Cisplatin + Melatonin
Homocysteine (µmol/L)	12.34±0.774 ^a	8.41±0.798 ^b	9.67±0.402 ^b
MDA (nmol/ml)	1.61±0.11 ^a	2.42±0.11 ^b	1.56±0.06 ^a
GSH (µmol/ml)	0.235±0.004 ^a	0.140±0.003 ^b	0.242±0.003 ^a
GSH-Px (IU/g protein)	6.66±0.49 ^a	5.39±0.23 ^b	7.53±0.22 ^a
Catalase (kU/L)	31.44±4.21 ^A	18.98±2.02 ^B	25.22±3.04 ^{AB}
Creatinine (mg/dl)	0.54 ± 0.07 ^a	0.97 ± 0.11 ^b	0.63 ± 0.11 ^a
Urea (mg/dl)	41 ± 3.9 ^a	107 ± 5.1 ^b	67 ± 3.9 ^c

Different lowercases (^{a, b, c}; p<0.01) and uppercases (^{A, B}; p<0.05) in the same line show significant differences among the groups.

Plasma Hcy, GSH-Px, GSH (p<0.01) and CAT (p<0.05) levels decreased significantly in CP group when compared to control group. On the other hand, the administration of Mel to CP-treated animals caused to significant (p<0.05, p<0.01) increases in the plasma enzyme activities. Plasma Hcy levels were significantly decreased both CP group and CP+Mel group when compared to control group. However, no difference was observed in the plasma Hcy level between CP and CP+Mel group.

Discussion and Conclusion

Effective anticancer therapy with cytotoxic drugs is limited by several organ toxicity including kidneys, inner ear, peripheral nerves, testicular tissue (4, 26). The impairment of kidney function by CP is recognized as the main side effect and the most important dose-limiting factor associated with its clinical use. Several investigators (13, 22) reported that the alterations induced by CP in the kidney functions were characterized by signs of injury, such as increase of products of LPO and changes in GSH levels, creatinine and urea levels in plasma. In the present study, administration of CP caused increases in the plasma MDA which is an indicator for

LPO, creatinine and urea levels. The impairment in kidney function was accompanied by an increase in MDA concentrations in plasma. These observations indicated that CP induced nephrotoxicity and, our results were in accordance with those of above workers.

Mel, secretory product of the pineal gland, is a free radical scavenger and an effective antioxidant (24, 25). Some study (10) has demonstrated that administration of Mel as an antioxidant against detrimental effects of various substances reduced the damage inflicted by aggressive radical species. Mel was shown to be a very efficient neutralizer of $\cdot\text{OH}$, and also stimulates GSH-Px activity. GSH-Px metabolizes reduced glutathione to its oxidized form and in doing so it converts H_2O_2 to H_2O , thereby reducing generation of the $\cdot\text{OH}$ by eliminating its precursor (24). Bouzouf et al. (7) reported that MDA levels were significantly increased in methionine-treated rats compared with control rats, whereas Mel prevented the increases in MDA levels. Our data indicated that although the administration of Mel to CP treated animals decreased markedly the plasma MDA, creatinine and urea levels compared to alone CP group. The ameliorations in MDA, creatinine and urea levels of CP+Mel group rats are due to the potent free radical scavenging ability of Mel, which prevents the injuries caused by CP-induced oxidative stress in kidney function.

CP is able to generate reactive oxygen species, and that is also inhibits the activity of antioxidant enzymes such as SOD, CAT and GSH-Px (16, 20, 22). In this study, it was observed that GSH-Px and CAT activities decreased in CP-treated rats. The selenium-containing enzyme GSH-Px, scavenges hydroperoxides and lipid peroxides, protects cells against ROS. It is clear from this study that Mel treatment restored CP induced impairment in GSH-Px, CAT activities compared to only CP received group. Dose-limiting toxicity of the antitumour agents is mainly attributed to the inability of these drugs to differentiate between normal and tumour cells. Protective agents have been developed to reduce the damage associated with antitumour drugs by providing site-specific protection for normal tissues, without affecting the antitumour efficacy (1, 28).

One of the most important intracellular antioxidant systems is the GSH redox cycle. GSH is one of the essential compounds for maintaining cell integrity because of its reducing properties and participation in the cell metabolism. The depletion in the renal GSH level has been observed in rats in response to oxidative stress caused by CP treatment (3, 16). On the other hand, results of some investigators showed that the kidney damage caused by CP is not associated with decreased in GSH levels (13) or may cause increase in GSH levels

(21). The mechanism of this antitumoural drug-induced change in renal GSH level is not completely understood. However, GSH may modulate metal reduction and the thiol portion is very reactive with several compounds, mainly with alkylating agents such as CP. In this study, plasma GSH levels of rats treated with CP were lower than control group. On the other hand, an increase observed in GSH levels of CP+Mel group rats in the present study. The effects of Mel on cellular GSH may be due to directly antioxidant effects, enhanced biosynthesis of GSH or increase in levels of other antioxidants such as Vitamin A, Vitamin E (16, 28).

Sulfur-containing amino acids such as cysteine, methionine, N-acetylcysteine and DL-Hcy inhibit CP nephrotoxicity and uptake in cultured renal cells. Two potential mechanisms for this inhibition had been explained by Kröning *et al.* (17) as; (a) the complex of CP and sulphur-containing aminoacids outside of the cell which could render it unsuitable to pass the cell membrane, (b) CP may share a renal cell transporter that is specific for the transport of sulfur-containing aminoacids. In this study, it was observed that the plasma Hcy level significantly reduced in both CP and CP+Mel groups compared to the control group. This reduction was probably explained with the mechanisms mentioned above. Mel reduces the toxicity and efficacy of anticancer drugs (26). Plasma Hcy levels in animals treated with Mel were significantly lower than those of controls in the present study. Similarly, Baydas et al. (5) reported that plasma MDA and Hcy levels decreased significantly in Mel-treated animals, and Mel administration had a beneficial effect on decrease in plasma Hcy levels. In the present study, it was also found that the plasma Hcy level of CP+Mel group was numerically higher than only received CP group, but the difference was not statistically significant. Although this status was probably attributed to the abolishment of efficacy of CP by Mel, further investigation is needed in this subject.

In conclusion, this study indicated that melatonin ameliorated the cisplatin-induced oxidative stress which had the harmful effect on the renal function. However; it was ineffective on plasma homocysteine level in cisplatin-treated rats.

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